

Happy 1943rd birthday, Hadrian!

This year, I decided to cook Cato the Elder's recipe for Libum (sweet cheesecake) as Hadrian's birthday cake.



Libum (original recipe from [LacusCurtius](#)):

Bray 2 pounds of cheese thoroughly in a mortar; when it is thoroughly macerated, add 1 pound of wheat flour, or, if you wish the cake to be more dainty, $\frac{1}{2}$ pound of fine flour, and mix thoroughly with the cheese. Add 1 egg, and work the whole well. Pat out a loaf, place on leaves, and bake slowly on a warm hearth under a crock.

Modern recipe (serves 2)

- 180-200g plain, all purpose flour

- 225g ricotta cheese
- 1 egg, beaten
- bay leaves
- 1/2 cup clear honey

Sift the flour into a bowl. Beat the cheese until it's soft and stir it into the flour along with the egg. Form a soft dough and divide into 4. Mold each one into a bun and place them on a greased baking tray with a fresh bay leaf underneath. Heat the oven to 190°C/380°F and bake for 35-40 minutes until golden-brown. Warm the honey and place the warm cakes in it so that they absorb it. Allow to stand 30 minutes before serving.

For dinner, I also cooked one of my favourite Apician recipes, *Pullum Particum* (Parthian Chicken). You can find the recipe [here](#).



Parthian Chicken & Chickpeas accompanied with Date Paste.

I also opened a bottle of Mulsum. This Mulsum is today produced by the archaeological site and Roman vineyard [Mas des Tourelles](#) in southern France and is made according to a recipe from Apicius. As testified by Pliny the Elder, the blend of wine, honey and a certain number of plants and spices are used to make this famous wine, which was often served as the «gustatio» (before the meal as an aperitif) or as a refreshment on its own.



Propino tibi salutem!



FOLLOWING HADRIAN

#Hadrian1900

Share this:

- [Click to share on Facebook \(Opens in new window\)](#)
- [Click to share on Twitter \(Opens in new window\)](#)
- [Click to share on Pinterest \(Opens in new window\)](#)
- [Click to share on Tumblr \(Opens in new window\)](#)
- [Click to share on Reddit \(Opens in new window\)](#)
- [Click to share on LinkedIn \(Opens in new window\)](#)
- [Click to share on WhatsApp \(Opens in new window\)](#)
- [More](#)